

# January 2021

# PARK CITY SCHOOLS

# BREAKFAST



### Breakfast Prices

K-12 \$1.35 Adults \$2.00



**Nutrition Tip:** Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate

## Monday



## Tuesday

**MENU IS SUBJECT TO CHANGE!**

## Wednesday



## Thursday

## Friday

**NO SCHOOL**

1

Cinnamon Toast **4**  
Crunch Bars, Cheese Stick, Applesauce and Milk

French Toast Sticks **5**  
Go-Gurt, Juice and Milk

Variety of Cereal, **6**  
Apple Slices, Cheese Stick and Milk

Mini-Cinnamon **7**  
Rolls, Yogurt Cup, Juice and Milk

Yogurt, Granola, **8**  
Mixed-berries, Graham Crackers and Milk

Oatmeal Chocolate **11**  
Chip Breakfast Bar, Cheese Stick, Applesauce and Milk

Mini-Pancakes, **12**  
Juice, Go-Gurt, and Milk

Variety of Cereal, **13**  
Peach Cup, Cheese Stick and Milk

Variety of Muffins, **14**  
Yogurt Cups, Juice and Milk

Cinnamon Bagel **15**  
Stick, Apple Crisps and Milk

Banana Bread, **18**  
Cheese Stick, Applesauce and Milk

Mini-Waffles, **19**  
Go-Gurt, Juice and Milk

Variety of Cereal, **20**  
Pear Cup, Cheese Stick and Milk

Maple Bars, **21**  
Yogurt Cup, Juice and Milk

Breakfast Pizza, **22**  
Craisins and Milk

Coco Breakfast **25**  
Bread, Cheese Stick, Applesauce and Milk

Cooks Choice, **26**  
Cheese Stick, Apricot Cups and Milk

Variety of Cereal, **27**  
Apple Crisps, Cheese Stick and Milk

Pop Tarts, **28**  
Yogurt Cup, Juice and Milk

Breakfast **29**  
Sandwich, Mandarin Oranges and Milk