

OCTOBER 2021

PARK CITY SCHOOLS

BREAKFAST



FREE BREAKFAST 0-18
EXTRA MILK \$0.50



Cinnamon Roll Day is October 4. Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal!



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



MENU IS SUBJECT TO CHANGE

Pop-Tarts, Fruit, Cheese, and Milk

4

Mini-Waffles, Go-Gurt, Juice and Milk

5

Cereal, Cheese Stick, Craisins, and Milk

6

Apple Benefit Bar, Yogurt Juice and Milk

7

Nutri-Grain Bars, Fruit, Beef Stick and Milk

1

Blueberry Bagels, Fruit, Beef Sticks and Milk

8

Banana Bread, Cheese, Fruit and Milk

11

Mini-Pancakes, Go-Gurt, Juice and Milk

12

Cereal, Cheese Stick, Raisins, Milk

13

Oatmeal Chocolate Chip Bar, Yogurt, Juice and Milk

14

Coco Puff Bread w/Filling, Fruit, Beef Stick and Milk

15

Bagel Stick, Apple Sauce, Cheese Stick and Milk

18

Muffins, Go-Gurt, Juice and Milk

19

Cereal, Cheese Sticks, Dried Fruit Mix and Milk

20

NO SCHOOL

21

NO SCHOOL

22

Coco Puff Cereal Bars, Cheese Stick, Fruit and Milk

25

French Toast Sticks, Go-Gurt, Juice and Milk

26

Cereal, Cheese Sticks, Fruit and Milk

27

Scooby Doo Grahams, Yogurt Cups, Juice and Milk

28

Pumpkin Bread, Beef Sticks, Dragon Juice and Milk

29