



#### Breakfast Prices

K-12 \$1.35 Adults \$2.00



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

4

Homemade Granola Bars,  
Fruit, Milk or Grab & Go

5

French Toast Sticks,  
Fruit, Milk or Grab & Go

6

3 Choices of Cereal,  
Juice, Milk or Grab & Go

7

Stuffed Hashbrowns,  
Fruit, Milk or Grab & Go

8

3 Choices of Smoothies,  
3 Choices of Muffins,  
Milk or Grab & Go

11

Yogurt Bar, Fruit,  
Milk or Grab & Go

12

Chocolate Chip Pancakes,  
Fruit, Milk or Grab & Go

13

3 Choices of Cereal,  
Juice, Milk or Grab & Go

14

**NO SCHOOL**

15

**NO SCHOOL**

18

Homemade Granola Bars,  
Fruit, Milk or Grab & Go

19

Ham & Eggs,  
Fruit, Milk or Grab & Go

20

3 Choices of Cereal,  
Juice, Milk or Grab & Go

21

Maple Bars, Fruit,  
Milk or Grab & Go

22

3 Choices of Smoothies,  
3 Choices of Muffins,  
Milk or Grab & Go

25

Yogurt Bar, Fruit,  
Milk or Grab & Go

26

Breakfast Burrito,  
Fruit, Milk or Grab & Go

27

3 Choices of Cereal,  
Juice, Milk or Grab & Go



Strawberry Waffles,  
Fruit, Milk or Grab & Go

