



Breakfast Prices

K-12 \$1.35 Adults \$2.00



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Yogurt Bar, Fruit,
Milk or Grab & Go

1

Tuesday

French Toast Sticks,
Fruit, Milk or Grab & Go

2

Wednesday

3 Choices of Cereal,
Juice, Milk or Grab & Go

3

Thursday

Stuffed Hashbrowns,
Fruit, Milk or Grab & Go

4

Friday

3 Choices of Smoothies,
3 Choices of Muffins,
Milk or Grab & Go

5

Homemade Granola
Bars, Fruit, Milk or Grab &
Go

8

Chocolate Chip
Pancakes, Fruit, Milk or
Grab & Go

9

3 Choices of Cereal,
Juice, Milk or Grab & Go

10

Biscuits & Gravy,
Fruit, Milk or Grab & Go

11

3 Choices of Smoothies,
3 Choices of Muffins,
Milk or Grab & Go

12

Yogurt Bar, Fruit,
Milk or Grab & Go

15

Ham & Eggs,
Fruit, Milk or Grab & Go

16

3 Choices of Cereal,
Juice, Milk or Grab & Go

17

Strawberry Waffles,
Fruit, Milk or Grab & Go

18

NO SCHOOL

19

NO SCHOOL

22

Breakfast Burrito,
Fruit, Milk or Grab & Go

23

3 Choices of Cereal,
Juice, Milk or Grab & Go

24

Cinnamon Rolls,
Fruit, Milk or Grab & Go

25

3 Choices of Smoothies,
3 Choices of Muffins,
Milk or Grab & Go

26

Yogurt Bar, Fruit,
Milk or Grab & Go

29

Breakfast Pizza,
Fruit, Milk or Grab & Go

30

