

April 2019

PARK CITY SCHOOLS

LUNCH



Lunch Prices: K-4 \$2.50, 5-12 \$2.75
Adults \$3.75 Extra milk \$0.50



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Mac & Cheese **1**
W/ Little Smokies, Veggie,
Salad Bar, Fruit & Milk

Tuesday

Tacos, Salad Bar, **2**
Fruit & Milk

Wednesday

Hamburgers, Fries, **3**
Salad Bar, Fruit & Milk

Thursday

Chili & Cinnamon **4**
Rolls, Salad Bar, Fruit &
Milk

Friday

Scalloped Potatoes & **5**
Ham, Veggie, Dinner Roll,
Salad Bar, Fruit & Milk

BBQ Pork Sandwich, **8**
Coleslaw, Salad Bar, Fruit
& Milk

Walking Taco, Salad **9**
Bar, Fruit & Milk

Chicken Pot Pie, **10**
Veggie, Salad Bar, Fruit &
Milk

Hot Dog, Baked Beans, **11**
Salad Bar, Fruit & Milk

Pirates of the **12**
Caribbean Lunch (Fish Sticks,
Spiral Noodles & Cheese, Salad
Bar, Fruit & Milk)

Chicken Nuggets, **15**
Fries, Salad Bar, Fruit &
Milk

Super Nachos, Salad **16**
Bar, Fruit & Milk

Spaghetti, Garlic **17**
Bread, Salad Bar, Fruit &
Milk

Turkey Gravy over **18**
Mashed Potatoes, Dinner
Roll, Salad Bar, Fruit &
Milk

NO SCHOOL **19**

NO SCHOOL **22**

Pretzels w/Cheese, **23**
Salad Bar, Fruit & Milk

Hot Ham & Cheese, **24**
Chips, Salad Bar, Fruit &
Milk

Pizza, Salad Bar, Fruit **25**
& Milk

Chicken Alfredo, **26**
Bread Sticks, Salad Bar,
Fruit & Milk

Meatball Subs, Veggie, **29**
Salad Bar, Fruit & Milk

Super Ole, Salad Bar, **30**
Fruit & Milk

