

# May 2021

## PARK CITY SCHOOLS

### BREAKFAST



#### Breakfast Prices

K-12 \$1.35 Adults \$2.00



**Nutrition Tip:** Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate



#### Monday

#### Tuesday

#### Wednesday

#### Thursday

#### Friday

Coco Breakfast Bars, Go Gurt, Apple Juice and Milk **3**

Bagel Cream Cheese Sticks, Raisins and Milk **4**

Variety of Cereal, Applesauce, Cheese Stick and Milk **5**

Biscuits & Gravy, Grapes and Milk **6**

Yogurt, Mixed-Berries, Breakfast Cookie and Milk **7**

Coco Breakfast Bread, Cheese Stick, Berry Juice and Milk **10**

Pancakes, Cheese Stick, Juice and Milk **11**

Variety of Cereal, Applesauce, Cheese Stick and Milk **12**

Yogurt, Mixed-Berries, Muffins and Milk **13**

Sausage, Egg & Cheese Breakfast Sandwich, Watermelon and Milk **14**

Pop Tarts, Go Gurt, Orange Juice and Milk **17**

French Toast Sticks, Sausage Links, Juice and Milk **18**

Variety of Cereal, Applesauce, Cheese Stick and Milk **19**

Maple Bars, Apple Juice, Cheese Sticks and Milk **20**

Yogurt, Mixed-Berries, Scooby Grahams, Granola and Milk **21**

Oatmeal Chocolate Chip Breakfast Bar, Go Gurt, Juice and Milk **24**

Cinnamon Rolls, Grapes, Go Gurt and Milk **25**

Variety of Cereal, Applesauce, Cheese Stick and Milk **26**

Cooks Choice w/Juice and Milk **27**

**HAVE A GREAT SUMMER!** **28**

**MENU IS SUBJECT TO CHANGE!** **31**

