



Lunch Prices: K-4 \$2.50, 5-12 \$2.75
Adults \$3.75 Extra milk \$0.50



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday

Thursday

Friday

4

Mac & Cheese W/ Little Smokies, Veggie, Salad Bar, Fruit & Milk

5

Hamburgers, Fries, Salad Bar, Fruit & Milk

6

Chicken Nuggets, Veggie, Salad Bar, Fruit & Milk

7

Chili, Cinnamon Rolls, Salad Bar, Fruit & Milk

8

Scalloped Potatoes & Ham, Veggie, Salad Bar, Fruit & Milk

11

Hot Dogs, Baked Beans, Salad Bar, Fruit & Milk

12

Walking Taco, Salad Bar, Fruit & Milk

13

Chicken Pot Pie, Veggie, Salad Bar, Fruit & Milk

14

NO SCHOOL

15

NO SCHOOL

18

Sloppy Joes, Chips, Salad Bar, Fruit & Milk

19

Pretzels w/Cheese, Salad Bar, Fruit & Milk

20

Chicken Alfredo, Bread Sticks, Salad Bar, Fruit & Milk

21

Hot Ham & Cheese, Veggie, Salad Bar, Fruit & Milk

22

Pizza, Salad Bar, Fruit & Milk

25

Chicken Sandwich, Veggie, Salad Bar, Fruit & Milk

26

Spaghetti, Garlic Bread, Salad Bar, Fruit & Milk

27

Turkey Gravy over Mashed Potatoes, Veggie, Salad Bar, Fruit & Milk

28

Goulash, Dinner Roll, Veggie, Salad Bar, Fruit & Milk

