



Breakfast Prices

K-12 \$1.35 Adults \$2.00



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday



Wednesday

Thursday

Friday

4
Homemade Granola Bars,
Fruit, Milk or Grab & Go

5
French Toast Sticks,
Fruit, Milk or Grab & Go

6
3 Choices of Cereal,
Juice, Milk or Grab & Go

7
Stuffed Hashbrowns,
Fruit, Milk or Grab & Go

1
3 Choices of Smoothies,
3 Choices of Muffins,
Milk or Grab & Go

8
3 Choices of Smoothies,
3 Choices of Muffins,
Milk or Grab & Go

11
NO SCHOOL

12
Chocolate Chip Pancakes,
Fruit, Milk or Grab & Go

13
3 Choices of Cereal,
Juice, Milk or Grab & Go

14
Biscuits & Gravy, Fruit,
Milk or Grab & Go

15
3 Choices of Smoothies,
3 Choices of Muffins,
Milk or Grab & Go

18
Homemade Granola Bars,
Fruit, Milk or Grab & Go

19
Ham & Eggs,
Fruit, Milk or Grab & Go

20
3 Choices of Cereal,
Juice, Milk or Grab & Go

21
Maple Bars, Fruit,
Milk or Grab & Go

22
3 Choices of Smoothies,
3 Choices of Muffins,
Milk or Grab & Go

25
Yogurt Bar, Fruit,
Milk or Grab & Go

26
Breakfast Burrito,
Fruit, Milk or Grab & Go

27
3 Choices of Cereal,
Juice, Milk or Grab & Go

28
Strawberry Waffles,
Fruit, Milk or Grab & Go

29
3 Choices of Smoothies,
3 Choices of Muffins,
Milk or Grab & Go