



Lunch Prices: K-4 \$2.50, 5-12 \$2.75
Adults \$3.75 Extra milk \$0.50



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday



Wednesday

Thursday

Friday

Mac & Cheese **4**
W/ Little Smokies, Veggie,
Salad Bar, Fruit & Milk

Tacos, Salad Bar, **5**
Fruit & Milk

Hamburgers, Fries, **6**
Salad Bar, Fruit & Milk

Chili, Cinnamon Rolls, **7**
Salad Bar, Fruit & Milk

BBQ Pork Sandwich, **1**
Coleslaw, Salad Bar, Fruit
& Milk

Scalloped Potatoes & **8**
Ham, Veggie, Salad Bar,
Fruit & Milk

NO SCHOOL 11

Walking Taco, Salad **12**
Bar, Fruit & Milk

Chicken Pot Pie, **13**
Veggie, Salad Bar, Fruit &
Milk

Hot Dogs, Baked **14**
Beans, Salad Bar, Fruit &
Milk

Emoji Day (Chicken **15**
Nuggets, Smiley Fries, Salad Bar,
Fruit & Milk)

Sloppy Joes, Curly **18**
Fries, Salad Bar, Fruit &
Milk

Pretzels w/Cheese, **19**
Salad Bar, Fruit & Milk

Chicken Alfredo, **20**
Bread Sticks, Salad Bar,
Fruit & Milk

Hot Ham & Cheese, **21**
Chips, Salad Bar, Fruit &
Milk

Pizza, Salad Bar, Fruit **22**
Milk

Chicken Sandwich, **25**
Veggie, Salad Bar, Fruit &
Milk

Spaghetti, Garlic **26**
Bread, Salad Bar, Fruit &
Milk

Turkey Gravy over **27**
Mashed Potatoes, Veggie,
Salad Bar, Fruit & Milk

Goulash, Dinner Roll, **28**
Veggie, Salad Bar, Fruit &
Milk

Corn Dogs, Veggie, **29**
Salad Bar, Fruit & Milk