

August 2019

PARK CITY SCHOOLS

LUNCH



Lunch Prices: K-4 \$2.50, 5-12 \$2.75
Adults \$3.75 Extra milk \$0.50



Nutrition Tip: August is Family Meals Month! Family meals around the table provide an opportunity to spend time together. Make time for family meals when planning your household's schedule each week. Try to cook, eat up, and clean up together!



Reference: USDA MyPlate

Monday



Tuesday



Wednesday

Thursday

Friday

5

6

7

1

2

8

9

12

13

14

15

16

NO SCHOOL

19

NO SCHOOL

20

Chicken Nuggets,
Fries, Salad Bar,
Fruit & Milk

21

Hot Dog,
Baked Beans,
Salad Bar, Fruit & Milk

22

Pizza, Salad Bar,
Fruit & Milk

23

Mac & Cheese
W/Little Smokies, Peas,
Salad Bar, Fruit & Milk

26

Walking Taco,
Corn, Salad Bar,
Fruit & Milk

27

Hamburgers, Potato
Wedges, Salad Bar,
Fruit & Milk

28

Spaghetti,
Garlic Bread, Salad Bar,
Fruit & Milk

29

Pretzels w/Cheese,
Salad Bar, Fruit & Milk

30