

NOVEMBER 2021

PARK CITY SCHOOLS

BREAKFAST



FREE BREAKFAST 0-18
EXTRA MILK \$0.50

MENU IS SUBJECT TO CHANGE!



November 25 is National Parfait Day! Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and whole grain cereal to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.



MONDAY

Chocolate Pop-Tarts, **1**
Fruit, Cheese, and Milk

TUESDAY

Apple-filled Donuts, **2**
Go-Gurts, Juice and Milk

WEDNESDAY

Cereal, Beef Sticks, **3**
Fruit and Milk

THURSDAY

Oatmeal Bar, **4**
Cheese Sticks,
Juice and Milk

FRIDAY

Muffins, Yogurt, **5**
Fruit and Milk

Apple Benefit Bar, **8**
Cheese Stick,
Fruit and Milk

Pancakes, **9**
Go-Gurt, Juice
and Milk

Cereal, Beef Sticks, **10**
Fruit and Milk

Trix Cereal Bars, **11**
Cheese Sticks,
Juice and Milk

Banana Bread, Yogurt, **12**
Fruit and Milk

Nutri-Grain Bars, Fruit, **15**
Cheese Stick and Milk

Breakfast Sandwiches, **16**
Go-Gurt, Juice and Milk

Cereal, Beef Sticks, **17**
Fruit and Milk

Bagel Stick, **18**
Cheese Sticks, Juice
and Milk

Cinnamon Bun, Yogurt, **19**
Fruit and Milk

Waffles, Fruit, **22**
Cheese Sticks and Milk

French Toast Sticks, **23**
Go-Gurt, Juice and Milk

NO SCHOOL **24**

THANKSGIVING! **25**

NO SCHOOL **26**

Coco Puff Bread **29**
w/Filling, Fruit,
Cheese Sticks and Milk

Cooks Breakfast **29**
Choice, Juice, Go-
Gurt and Milk

