

April 2021

PARK CITY SCHOOLS

BREAKFAST



Breakfast Prices

K-12 \$1.35 Adults \$2.00



Nutrition Tip: Make Fruit More Appealing: Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries



Monday



NO SCHOOL

5

6
Strawberry Bagel Stick, Apple Slices, Cheese Stick, Grape Juice and Milk

12
Chocolate Muffins, Cheese Stick, Apple Chips and Milk

19
Nutri Grain Bars, Cheese Stick, Oranges and Milk

26
Oatmeal Chocolate Chip Breakfast Bar, Cheese Stick, Peaches and Milk

Tuesday

13
Mini-Pancakes, Berry Juice, Go-Gurt, and Milk

20
Banana Bread, Go-Gurt, Capri-Sun Juice Blend and Milk

27
French Toast Sticks w/ Syrup, Go-Gurt, Apple Juice and Milk

Wednesday

7
Variety of Cereal, Applesauce, Cheese Stick and Milk

14
Variety of Cereal, Applesauce, Cheese Stick and Milk

21
Variety of Cereal, Applesauce, Cheese Stick and Milk

28
Variety of Cereal, Applesauce, Cheese Stick and Milk

Thursday

NO SCHOOL

1

8
Breakfast Pizza, Grapes, Cheese Stick, Apple Juice and Milk

15
Sausage, Egg & Cheese Breakfast Sandwich, Cinnamon Pears, Juice and Milk

22
Stuffed Hashbrowns, Animal Crackers, Apple Juice and Milk

29
Breakfast Tornados w/Cheese, Pears, Orange Juice and Milk

Friday

NO SCHOOL

2

9
Yogurt, Mixed-Berries, Scooby Grahams, Granola and Milk

16
Maple Bars, Grapes, Cheese Stick and Milk

23
Cinnamon Rolls, Grapes, Cheese Sticks and Milk

30
Yogurt, Strawberry Chex Mix, Grapes and Milk